

MASS INTENTIONS (\$10.00)

July 26th—July 31st

Tuesday	7/26	8:30am	
Wednesday	7/27	8:30am	
Thursday	7/28	8:30am	
Friday	7/29	8:30am	
Saturday	7/30	5:00pm	Ellen Becker +
Sunday	7/31	8:00am	
		10:00am	For the Parish

PRAYER REQUESTS

James Brown, Zoey Gustafson, Patricia Lightner, Barbara Cowlin, Pam Curnutt, Sandy Byers, Pauline Thompson, Chris Arnis, Bernard Offley, Debbie Medeiros, Leon Frappier, Ronald Schaumberg, Geneva Burwell, Leo Carina, Bill Jauron, Marie Anderson, Joey Bates, Sue Marble, Geri Noble, Jean Ann Adenau, Patty Lowe, Dick Wall, Lloyd Ebert, JoAnn Evans, Lawrence Vanderwerf and Rodney Mann.

From 2016/2017, July 1st through June 30th 2017 we need \$3,885 weekly. This does not include Religious Education, Youth Ministry personnel, which could account for \$16,000 or more. Also this does not include Capital Campaign.

<u>Weekly need</u>		\$ 3,885.00
<u>Collection</u>	July 16th/17th	\$ 2,709.00
		\$ - 1,176.00

Thank you for generous support

Please remember your weekly contributions throughout the summer as our expenses do continue.

Thank you

<u>Attendance</u>	July 16th/17th	
	5:00pm	66
	8:00am	62
	10:00am	110

The Hispanic's are taking English classes on Monday evenings in the Parish Center. There is a beginner class at 6:00pm and intermediate class at 7:00pm.

17th Sunday in Ordinary Time

“Ask and you will receive; seek and you will find; knock and the door will be opened to you.” This is a promise that anyone would love to hear. With these words Jesus comforts and reassures us. He suggests that we will be satisfied and welcomed and fulfilled. His message in today’s Gospel assures us that our heavenly Father loves us even more than earthly parents love their children. So we can enjoy the security of knowing that God will take good care of us.

But God’s care may not always look exactly the way we expect it to. His care for us is based on knowing what is best for us and what will make us flourish. And, sometimes, what we think we need isn’t really best. It’s important to keep this context in mind. This prevents us from understanding Jesus’ words today in a selfish way. As the end of the passage makes clear, this asking and seeking that Jesus refers to is ultimately fulfilled in the gift of the Holy Spirit. Jesus is promising us that if we ask God for his Spirit, he will certainly give it to us, his children.

For most of us, we actually received this gift at our baptism. But have we taken full advantage of this? Although we may not realize it at first, in receiving the Holy Spirit we actually receive a whole host of gifts. With God’s Spirit come the sevenfold gifts of wisdom, understanding, counsel, knowledge, fortitude, piety, and fear of the Lord. And the fruits of the Spirit as St. Paul lists them in Galatians 5 include love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. God knows that all of these gifts and fruits make us very well equipped for life on earth, and for eternal life in heaven! What more do we really need to ask for?

Cycles of Faith

BAZAAR JAMS AND JELLIES: Please remember to save berries, juices, sugar, Sure Jell and 1/2 pint jars for canning. Thank you

BULLETIN DEADLINE Information for the August 6th/7th bulletin needs to be emailed or brought in to the office by Friday, July 29th.

Visitors

Welcome to St. Frederic’s! We extend our hands and hearts in Christian fellowship to you. If you wish to be a registered member, please pick up a registration form in the vestibule. You may drop it by the office or mail it to us. Visit our website at stfredericchurch.org.

ANNOUNCEMENTS AND UPCOMING EVENTS

Readings for the Week of July 24, 2016

Sunday: Genesis 18:20-32/Psalms 138:1-3, 6-8/
Colossians 2:12-14/Luke 11:1-13

Monday: 2 Corinthians 4:7-15/Psalms 126:1-6/Matthew
20:20-28

Tuesday: Jeremiah 14:17-22/Psalms 79:8-11, 13/
Matthew 13:36-43

Wednesday: Jeremiah 15:10, 16-21/Psalms 59:2-4, 10-
11, 17-18/Matthew 13:44-46

Thursday: Jeremiah 18:1-6/Psalms 146:1-6/Matthew
13:47-53

Friday: Jeremiah 26:1-9/Ps 69:5, 8-10, 14/John 11:19-27
or Luke 10:38-42

Saturday: Jeremiah 26:11-16, 24/Psalms 69:15-16, 30-
31, 33-34/Matthew 14:1-12

Next Sunday: Ecclesiastes 1:2; 2:21-23/Psalms 90:3-6,
12-14, 17/Colossians 3:1-5, 9-11/Luke 12:13-21

We are asking our Parish family to keep Jim Fery in their prayers for his upcoming surgery and for his recovery. May the Lord fill him with his love.

ST. FREDERIC PILGRIMAGE TO THE GROTTA

On Saturday, July 9th, parishioners from St. Frederic journeyed together to the National Sanctuary of our Sorrowful Mother (a.k.a.) "The Grotto" for a Pilgrimage. This group of 27 was comprised of a healthy mix of parishioners, from young children to long-time Catholics, men and women, and of several ethnic backgrounds. In short, the group was very well represented of the wonderful diversity we have in our church community. We learned about the history of The Grotto and the Servite Community in Portland, spent time in the astonishing Meditation Chapel hanging over the edge of the cliff, and toured the upper gardens, pausing periodically to recite a decade of the rosary.

The most sacramental part of the day followed, with time for Reconciliation and prayer in the Chapel of Mary, after which we met outside that chapel and processed in through the designated "Holy Doors" to mark this as a special retreat in this Jubilee Year of Mercy proclaimed by Pope Francis, not just a group tour of a local landmark. Father Marandu officiated at Mass, and it was particularly striking how many people outside of our group took advantage of the chance to participate in the Eucharistic celebration (this was also true for confessions, earlier). It made us realize how blest we are to have a pastor and volunteers that consider this type of event worth planning!

Finally, we shared lunch outside, during what turned out to be beautiful weather in spite of the meteorologists' predictions, and carpooled back to St. Helens. We returned to a regular Saturday in progress, but with clean souls, renewed joy in our hearts, and deeper camaraderie with each other. What more could a person ask for when reflecting on how one spent the day?

MARK YOUR CALENDARS for Sunday, August 7, 2016
for our
PARISH PICNIC

Come and celebrate 11:00am Mass
and

*a great afternoon of food, games and community
at the **Columbia View Park on the waterfront***

On August 7th, there will an 8:00am Mass, but due to the 11:00am Mass celebrated at waterfront, there will be no 10:00am Mass.

I want to thank everyone who came to make my birthday so memorable. The ladies who put on the wonderful luncheon—all of the lovely gifts—and the cards with such kind and thoughtful messages. May God Bless you all. Dorothy Hamerin

ADVERTISER OF THE WEEK!
St. Helens Liquor Store

We would like to thank the St. Helens Liquor Store for placing an ad in our bulletin.

RELIGIOUS EDUCATION We will begin registration for Religious Education Classes on August 6th & 7th.

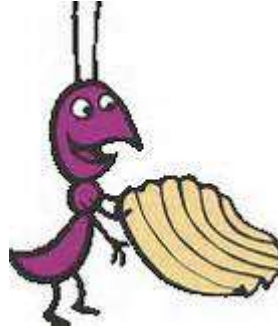
RCIA We will begin registration for RCIA classes on August 6th & 7th.

St. Frederic Parish Picnic

August 7, 2016

Where: Columbia View Park

When: 11:00 am Mass, picnic to follow



Games for adults and kids

Food provided: hot dogs, hamburgers, condiments, paper products, silverware, water, lemonade, and coffee.

Please bring a potluck dish to share:

Last name: A – K: salads

L – P: chips, snacks

Q – Z: desserts

Other beverages (soda, etc.) *

*Park does not permit alcohol