

**MASS INTENTIONS (\$10.00)  
July 19<sup>th</sup>-24<sup>th</sup>**

Tuesday	7/19	8:30am	
Wednesday	7/20	8:30am	
Thursday	7/21	8:30am	
Friday	7/22	8:30am	
Saturday	7/23	5:00pm	
Sunday	7/24	8:00am	
		10:00am	For the Parish

**PRAYER REQUESTS**

James Brown, Zoey Gustafson, Patricia Lightner, Barbara Cowlin, Pam Curnutt, Sandy Byers, Pauline Thompson, Chris Arnis, Bernard Offley, Debbie Medeiros, Leon Frappier, Ronald Schaumberg, Geneva Burwell, Leo Carina, Bill Jauron, Marie Anderson, Joey Bates, Sue Marble, Geri Noble, Jean Ann Adenau, Patty Lowe, Dick Wall, Lloyd Ebert, JoAnn Evans, Lawrence Vanderwerf and Rodney Mann.

**From 2016/2017, July 1<sup>st</sup> through June 30<sup>th</sup> 2017 we need \$3,885 weekly. This does not include Religious Education, Youth Ministry personnel, which could account for \$16,000 or more. Also this does not include Capital Campaign.**

<b><u>Weekly need</u></b>		<b>\$ 3,885.00</b>
<b><u>Collection</u></b>	<b>July 9<sup>th</sup>/10<sup>th</sup></b>	<b>\$ <u>2,619.21</u></b>
		<b>\$ - 1,265.79</b>
<b><u>Maintenance Fund</u></b>		<b>\$ 1,717.45</b>

**Thank you for generous support**

***Please remember your weekly contributions throughout the summer as our expenses do continue.***

***Thank you***

<b><u>Attendance</u></b>	<b>July 9<sup>th</sup>/10<sup>th</sup></b>	
	<b>5:00pm</b>	<b>58</b>
	<b>8:00am</b>	<b>56</b>
	<b>10:00am</b>	<b>74</b>
	<b>12:00pm</b>	<b>75</b>

**Classes on Learning the Rosary** for all ages (*children and adults*) Sunday 9:15am in the cry room. All children must be accompanied by a parent.

**16<sup>th</sup> Sunday in Ordinary Time**

*“Martha, Martha, you are anxious and worried about many things. There is need of only one thing.”* Martha was caught up in a whirlwind of her own making. She stressed herself out with all the tasks and chores she thought she had to do to host Jesus, but Jesus wasn’t the one who expected all of that. He just wanted Martha’s presence, her company and friendship. His only expectation was that Martha would prepare for him her *heart*, but she was fixated on preparing her home instead.

How often do we create a similar whirlwind in our lives? How often do we fixate on external details, on making a good impression, on having all *appearances* looking just so, but forget what really matters? How often do we make ourselves *“anxious and worried”* about all we think we have to do? In today’s Gospel Jesus calls us to stop the frenetic activity of our lives, to pause and listen, imitating Mary *“who sat beside the Lord at his feet listening to him speak.”*

This can seem impossible. We look at our calendars and our to-do lists and cannot find a single slot in which to squeeze quiet prayer or silent spiritual listening. But Jesus asks us to reorganize our priorities. He tells us, *“There is need of only one thing.”* Really, Jesus? Have you seen our lists!? What can we possibly eliminate? Don’t we *need* to do all of this?

The Lord says no. What we need to do is to make time to be with him. The same Lord who turned water into wine and fed five thousand men with five loaves of bread and two fish can also multiply our time. So instead of being like Martha who tried to tell Jesus what to do—*“Tell her to help me”*—let’s be like Mary who listened to what Jesus had to say.

Cycles of Faith

**BULLETIN DEADLINE** Information for the 30<sup>th</sup>/31<sup>st</sup> bulletin needs to be emailed or brought in to the office by Friday, July 22<sup>nd</sup>.

**The Hispanic’s are taking English classes on Monday evenings in the Parish Center. There is a beginner class at 6:00pm and intermediate class at 7:00pm.**

**Visitors**

Welcome to St. Frederic’s! We extend our hands and hearts in Christian fellowship to you. If you wish to be a registered member, please pick up a registration form in the vestibule. You may drop it by the office or mail it to us. Visit our website at [stfredericchurch.org](http://stfredericchurch.org).

## ANNOUNCEMENTS AND UPCOMING EVENTS

### **Readings for the Week of July 17, 2016**

**Sunday:** Genesis 18:1-10a/Psalms 15:2-5/Colossians 1:24-28/Luke 10:38-42

**Monday:** Micah 6:1-4, 6-8/Psalms 50:5-6, 8-9, 16-17, 21, 23/Matthew 12:38-42

**Tuesday:** Micah 7:14-15, 18-20/Psalms 85:2-8/Matthew 12:46-50

**Wednesday:** Jeremiah 1:1, 4-10/Psalms 71:1-6, 15, 17/Matthew 13:1-9

**Thursday:** Jeremiah 2:1-3, 7-8, 12-13/Psalms 36:6-11/Matthew 13:10-17

**Friday:** Jeremiah 3:14-17/Jeremiah 31:10-13/John 20:1-2, 11-18

**Saturday:** Jeremiah 7:1-11/Psalms 84:3-6, 8, 11/Matthew 13:24-30

**Next Sunday:** Genesis 18:20-32/Psalms 138:1-3, 6-8/Colossians 2:12-14/Luke 11:1-13

*Thank you to our Women's Society for the upgrade of the Buccini Hall sound system in the amount of \$1,719.88.*

**JULY CALENDAR CORRECTION** The St. Vincent de Paul Collection will be on the weekend of July 30<sup>th</sup>/31<sup>st</sup>.

The Catholic War Veterans-Oregon are requesting local musicians to sign up and take the audition with Bugles Across America at [www.buglesacrossamerica.org](http://www.buglesacrossamerica.org) and volunteer to give our deceased veterans this final honor. At this time we have few TAPS players in our area. If you play a horn please go to the WEB site and sign up. The Veterans served you, now you can serve the veterans by playing TAPS for them. Our motto, "Lungs Not Batteries", can also be yours. If you are interested go directly to the WEB site and register. Locally you can call SFC Bernard Offley, USA Ret at 503 706 6693 for more information. **If you do not volunteer, who will?**

ADVERTISER OF THE WEEK!  
**BURGERVILLE**

*We would like to thank Burgerville for placing an ad in our bulletin.  
Please support them*

**MARK YOUR CALENDARS** for Sunday, August 7, 2016  
for our  
**PARISH PICNIC**

**Come and celebrate 11:00am Mass**  
and  
*a great afternoon of food, games and community  
at the **Columbia View Park on the waterfront***

*If you have flowers in your yard and would like to share God's beauty in the church, call Sally 503-397-4805 or the office 503-397-0148.*

### **MARRIED COUPLES**

So many times we are like Martha, "anxious and worried about many things", we forget the most important thing - Jesus. Learn how to make Jesus a part of your marriage. The next **Worldwide Marriage Encounter Weekend** is on August 27th - 29th at Our Lady of Peace Retreat Center in Beaverton, Oregon. For more information call 503-853-2758 or apply on-line at [www.rediscoverthespark.org](http://www.rediscoverthespark.org). Additional dates and locations are listed on-line.

### MEDJUGORJE PILGRIMAGE

**Sept 13-22, 2016**

**Price \$3195**

#### **Your Pilgrimage Includes:**

- Worry-free Travel with Experienced Guides
- 9 Days / 8 Nights
- Round-trip Air Fare Portland to Croatia
- Ground Transportation Airport to/from Medjugorje
- Accommodations: Shared Room with Private Bath (some single rooms available for additional \$200)
- Two Meals Per Day While in Medjugorje
- Gratuities for House & Local Guide
- Two Informational Meetings Held Prior to Departure

**Travel Insurance Not Included but Available for Purchase. For more information:**

**Email:** [Info@CenterForPeaceWest.com](mailto:Info@CenterForPeaceWest.com) or  
**Website:** [www.CenterForPeaceWest.com](http://www.CenterForPeaceWest.com)

**BAZAAR JAMS AND JELLIES:** Please remember to save berries, juices, sugar, Sure Jell and 1/2 pint jars for canning. Thank you