

PARISH STAFF

Pastor	
Rev. Fr. Nicolaus Marandu	503-397-0148
Bookkeeper	
Phyllis Dahlin	503-397-0148
Parish Secretary/Website	
Timari Prevish	503-397-0148
Hispanic Ministries	
Rosa Gonzalez	909-223-0411
MINISTRIES	
Children's Liturgy	
Diana Larson	503-397-0418
Communion Visitors	
Maureen Proffitt	503-366-9327
Funeral Arrangments	
Sally Caniparoli	503-380-9085
Knights of Columbus	
Richard Proffitt	503-366-9327
RCIA	
Tom and Timari Prevish	503-397-3323
Religious Education	
Diane Messenger	503-369-2904
Sacristan	
Sally Caniparoli	503-380-9085
St Vincent de Paul	
Julie Reilly	503-366-0787
Welcoming Committee	
Esther Niece	503-397-0175
Women's Society	
Shelley Minsent	503-396-0625
Youth Group	
Sally Caniparoli	503-380-9085
COUNCILS	
Finance Council	
Tom McMahon	503-397-2791
Pastoral Council	
Carmen McMahon	503-397-2791

BEQUESTS

I give, devise ad bequeath the sum of \$_____ to the Archdiocese of Portland in Oregon for the sole benefit of St. Frederic Catholic Church located at 175th S. 13th, St. Helens, Oregon to be used under the direction of the priest at the time of my death

St. Frederic Costholic Church

St. Helens, Oregon

Mission Statement

St. Frederic's, a Catholic Christian Community that works and prays together to deepen our love of God and to share that love by ministering to each other and the extended community in holiness and justice.

175 South 13th. Street, St. Helens, Oregon 97051

Phone 503-397-0148

stfred@comcast.net | www.stfredericchurch.org
OFFICE HOURS

Tuesday—Friday 9:00 a.m.—3:00 p.m.

March 27, 2017 4th Sunday of Lent

MASS SCHEDULES AND OTHER SERVICES

WEEKEND MASSES

Saturday Vigil Mass 5:00 p.m.
Sunday Masses 8:00 a.m.
English/Spanish Mass 10:00 a.m.
Spanish Mass 12:00 p.m.

(2nd Sunday of the Month)

WEEKDAY MASSES

Tuesday—Friday 8:30 a.m.

RECONCILIATION

Saturday 4:00 p.m.

(or by appointment) 12:00 p.m. & 7:00 p.m.

HOLY DAYS
ADORATION

Friday 9:00 a.m.—10:00 a.m.

HOLY HOUR

Wednesday 6:00 p.m.

ROSARY

Saturday 4:30 p.m.

MATRIMONY By appointment, at least

6 months in advance. Call the office for an appointment.

- ...

BAPTISM Call the office for an

appointment

EMERGENCY NUMBERS

St Vincent de Paul Hotline 888-375-6074 Sick Calls 503-380-9085

MASS INTENTIONS (\$10.00)

March 28-April 2

Tuesday	3/28	8:30 a.m.	
Wednesday	3/29	8:30 a.m.	
Thursday	3/30	8:30 a.m.	
Friday	3/31	8:30 a.m. D	ennis White†
Saturday	4/1	5:00 p.m.	
Sunday	4/2	8:00 a.m.	
		10:00 a.m. Fo	or the Parish

From July 1, 2016 through June 30, 2017 the weekly need is \$3,885. This does not include Religious Education, Youth Ministry personnel, which could account for \$16,000 or more, nor does it include the Capital Campaign.

Weekly Need	\$ 3,885.00
Collection Mar 11/12	\$ 2,920.00
	\$ -965.00
Hispanic Mass (March 12)	\$231.00
Hispanic Maintenance Fund	\$145.00

Attendance

March 18	5:00 p.m.	60
March 19	8:00 a.m.	57
	10:00 a.m.	123

<u>BULLETIN DEADLINE</u> Information for the April 8/9 bulletin needs to be emailed to stfred@comcast.net or brought in to the office by **Friday, March 24, 2017**.

RCIA

Last week the subject the RCIA's lesson was marriage and St. John Paul's Theology of the Body. It was a great lesson. Parishioners are always welcome and highly encouraged come to topics that interest them. Join us in Room 5 at 7 p.m., for any upcoming topics that interest you.

3/28—Church History and Papacy 4/4—No class due to Reconciliation Service 4/25—Reflection of Holy Week & Sacraments 5/2—Eucharist "Sacred Meal" & "Sacrifice" 5/9—Eucharist "Real Presence"

Daily readings can be found at

http://stfredericchurch.org/daily-readings or http://www.usccb.org/bible/readings/index.cfm

MINISTERS OF COMMUNION (April 1/2)

5.00 pm M & R Proffitt, S Caniparoli

8:00 am S Caniparoli, A Ritenour, P Monroe 10:00 am K Tapia, R Gonzalez, M Sanchez

READERS

5:00 pm Marvel Brown 8:00 am Julie Reilly 10:00 am Youth

SERVERS

5:00 pm Miranda Horsey, Jasmine Weaver

8:00 am Michaela Presnell,

10:00 am Viviana Keller, Aaron Navarro

GREETERS/BELL RINGERS/ATTENDANCE

5:00 pm Judy West, Juan & Filipina Ortiz8:00 am Carol Handley, Kathy Phelan

10:00 am Youth

COUNTERS

10:00 a.m. Homer Brock & Santi Valpiani

PRAYER REQUESTS

James Brown, Patricia Lightner, Barbra Cowlin, Pam Curnutt, Sandy Byers, Pauline Thompson, Chris Arnis, Bernard Offley, Debbie Medeiros, Leon Frappier, Ronald Schaumberg, Leo Carina, Bill Jauron, Marie Anderson, Joey Bates, Patty Lowe, Dick Wall, Lloyd Ebert, JoAnn Evans, Rodney Mann, Jim Fery, Ted Hile, Craig Chabala, Marvel Brown, Martin Scheer Sr., Mike Bogdan, Nancy Picco, Marcy Wright, Mary Douthwaite, Virginia Kornegay, Dominique Earl, Geri Berg, and Gail Norwood Young.

Religious Ed Classes

If public school is cancelled due to weather, Religious Ed will also be cancelled.

Pre-K through 6th grade after 10:00 a.m. Mass in Room 5.

There will be classes this weekend.

There will be no classes on Palm Sunday or Easter, April 9 and 16.

First Communion practice and First Reconciliation is April 29. First Communion is April 30 at 10:00 a.m. Mass

<u>Sacramental Prep Reconciliation and First Communion</u> classes will be on Wednesdays at 7:00 p.m. in the Parish Center.

<u>Youth Group</u> is on Sunday evening from 6:00 p.m. to 8:00 p.m. in the Parish Center.

There will be no classes on March 26.

Please accompany your child to the restroom during Mass when necessary

Fourth Sunday of Lent

Holy Scripture is so rich in text and in the insights and messages we are provided from the Word of God. Today's readings, on this Fourth Sunday of Lent, are prime examples of that fact.

Our First Reading comes from the First Book of Samuel. Samuel, of course, consists of two books. The First, from which today's reading comes, begins with the birth of the prophet Samuel and how God called him as a boy. Our specific reading for today provides a message that not only relates to the other readings, but also is important for us to grasp at this point in Lent. Within today's reading is the statement, "Not as man sees does God see, because man sees the appearance, but God looks into the heart."

How often does Jesus make reference to this perspective? How often does He say that what we do and what we appear to do externally is not as important as what we truly believe on the inside? It is human for us to be influenced by outer appearances, and it is equally human for us to be concerned about what others think of us as well. Thus, we may do things which look good to those around us, but which may not reflect reality. Regardless, we also must understand that the Lord does not just look into our hearts. He knows full well what is there. Part of our Lenten goal should be to change our hearts to love more, and to truly be more holy.

Another perspective of Lent is reflected in the Second Reading from St. Paul's Letter to the Ephesians. This scriptural passage speaks of darkness and light, specifically about the passage from darkness to light. We are called to seek the light always, but especially at this time of year. Darkness can be interpreted as those things that are hidden in our heart (a la the First Reading from Samuel); light is the love and goodness we are to seek and achieve. Paul tells us, "Live as children of light, for light produces every kind of goodness and righteousness and truth." Truth is certainly something we are to search for during Lent.

Truth can have many definitions, but in this instance it clearly means to find what is acceptable to God and then to live that way. In his opening statement Paul makes it clear that striving to be righteous is not enough. We are to reflect the Light of Christ that He offers us, and we are to reflect it in our lives, and especially in our hearts. One approach to this kind of life can be found in living a life of stewardship. That means we do not just realize and accept the Light of Christ but we share it with others. Today's scriptural passage closes with "Awake, O sleeper, and arise from the dead, and Christ will give you light." Many scholars believe that may have been the chorus from a popular song or poem of Paul's time. It surely captures Lenten themes — awaking from the dead, as in Resurrection; finding the Light of Christ; and realizing that this Light is a gift from God. That is part of what Lent should be for us as well.

At the heart of our lengthy Gospel Reading from St. John, chapter 9, is the healing of the blind man. There is a basic difference here from other miracles performed by the Lord. The blind man did not approach Jesus and ask to be healed; in this instance Jesus took the lead and went to him. Jesus fully expected the man to respond in faith, which he did. Jesus is coming to us in the same way during this Lenten period.

In order to show Him the faith He wants from us, we have to accept the fact that we may live in darkness, that we may hold things in our hearts that are not acceptable to the Lord. This is the time for us to awaken, to cleanse our hearts, to open our eyes and see. As it is reported in this Holy Gospel, "...he went and washed, and came back able to see." Now is the time for us to wash and seek the light, so that the Lord can confirm what He says in the Gospel: "I came into this world for judgment, so that those who do not see might see." The Lord is there for us, but we have to seek and see His Light, and then live accordingly.

Catholic Steward

Reconciliation Service

Tuesday, April 4, 2017 at 7:00 p.m.

Important Dates to Remember	
Friday, March 31	Soup Supper 6:00 p.m. Stations of the Cross 7:00 p.m.
Tuesday, April 4	Mass 8:00 a.m. Office closed Reconciliation Service 7:00 p.m.
Friday, April 7	Soup Supper 6:00 p.m. Stations of the Cross 7:00 p.m.
Thursday, April 13	Holy Thursday 7:00 p.m.
Friday, April 14	Good Friday 7:00 p.m.
Saturday, April 15	Easter Vigil 8:30 p.m.

Easter Mass 9:00 a.m.

Sunday, April 16

This Friday night's Soup Supper is sponsored by the Pastoral Council

Soup Supper is at 6 p.m. with Scripture. Stations of the Cross is at 7:00 p.m.

Last week's Soup Supper was sponsored by the Knights of Columbus. Thank you!

The office will be closed April 4, 2017 and Daily Mass will be at 8:00 a.m.

ADVERTISER OF THE WEEK!

Pat Olson

We would like to thank Pat Olson for placing an ad in our bulletin!

Pilgrimage to Fatima with Archbishop Sample

2017 marks the 100th anniversary of the Fatima apparitions. Archbishop Sample will lead a pilgrimage to Fatima to celebrate the occasion. See the attached flyer for the itinerary and more details. Please share this information in your bulletins and newsletters. A copy of the flyer can be found on the home page of the diocesan website: www.archdpdx.org . This pilgrimage to Fatima and Santiago de Compostela will be September 14-23, 2017. The cost is \$3,250 per person departing from Portland. All are invited to join the pilgrimage.

Please let Todd Cooper know if you have any questions: tcooper@archdpdx.org or 503-233-8386

Men's Silent Retreat

The Franciscan Missionary Sisters at Our Lady of Peace Retreat is hosting a Men's Silent Retreat.

May 5-7, 2017 Our Lady of Peace Retreat 3600 SW 170th Ave, Beaverton

Theme: "Growth in Prayer" with Father Brian Mullady, O.P. Father adds new insights and reflections to his favorite theme. Retreat begins with Friday dinner at 6:00 p.m. and concludes after Brunch on Sunday. The suggested donation is \$150.00. To register, phone the Retreat house at 503-649-7127 or email sisters@olpretreat.org

Rachel's Vineyard

Perhaps many times you've read the bulletin ad about *Rachel's Vinyard Retreats* for healing from the emotional, spiritual, relational, and psychological impact caused by abortion experiences. Are you wondering how much your own abortion(s) truly have affected you? Do you think your experiences are all in the past and they don't matter anymore? Are there others you know - Catholics or non-Catholics who could use this healing? Check us out at www.project-aurora.org andwww.rachelsvineyard.org for comprehensive information.

Upcoming 2017 retreat dates: April 28-30, Medford; September 12-14 (Eugene). Call Project Aurora at 541-942-2861 or email ProjectAurora@aol.com.

Rachel's Vineyard Retreats provide women and men a non-judgmental and safe environment.

Financial assistance is available!

Are you Called to be a Monk?

Monastic Vocation Retreat at Mount Angel Abbey
April 28—30, 2017

Open to all men 18-45 years old; Free of charge Contact Fr. Odo Recker, OSB at 503-845-3123 odorecker@mtangel.edu or visit the website: www.mountangelabbey.org/vocations

ACCW Retreat: Building Fellowship and Witness

The Archdiocesan Council of Catholic Women (ACCW) calls you to its annual Conference on **April 22, 2017** at **St. Therese Catholic Church Social Center at NE 132**nd **Avenue and Halsey Street, Portland, Oregon**. The goal of this gathering is to draw Catholic women together for an opportunity to learn more about being strong advocates for our faith and practical ways to educate and share ideas. All are welcome. The cost is \$40.00 which includes registration and lunch. For more information call Sue Anker at 503-252-2574.

Hispanic High School Retreat

The annual Archdiocesan Pascua Juvenile for Hispanic youth age 13-18 will take place April 28-30, 2017 at Aldersgate retreat center in Turner, Oregon. This weekend conference/ retreat will feature music, fun, keynote speakers, reconciliation, and a Eucharistic Liturgy with Archbishop Sample. This year's theme is Rise Up with Jesus. Pascua is being planned collaboratively by the Archdiocesan Office of Hispanic Ministry and the Archdiocesan Office of Youth & Young Adult Ministry. Registration is currently open. Additional information and forms are located at http://hispano.archdpdx.org/2017-pascuajuvenil. The registration fee is \$125 per person and includes retreat materials, T-shirt, five hot meals, and two nights of lodging. The deadline for registering online and turning in all payments and forms is 11:59pm on Thursday, March 23, 2017.

Chrism Mass

April 10, 2017 at 7:00 p.m.

Cathedral of the Immaculate Conception

Everyone is invited especially those learning about the Catholic Church this year.

Save the Date

June 3, 2017 starting at 6:30 p.m. is our 29th annual Chili Feed and Raffle. If you have new items you want to donate, please bring them to the office! More details to follow!

MARRIED COUPLES

"For the Spirit scrutinizes everything, even the depths of God." Let the Holy Spirit scrutinize and strengthen your marriage by participating in a Worldwide Marriage Encounter Weekend on March 31st - April 2nd, at Powell Butte Retreat Center near Bend Oregon or May 26th - 28th at Our Lady of Peace Retreat House in Beaverton Oregon. For more information call 503-853-2758 or apply on-line at www.rediscoverthespark.org at www.rediscoverthespark.org. Additional dates and locations are listed on-line.

Catholic Engaged Encounter

Catholic Engaged Encounter is an in-depth, private, personal, marriage preparation experience within the context of Catholic faith and values. Catholic Engaged Encounter is a weekend retreat away with other engaged couples with plenty of time alone together to dialogue honestly and intensively about their prospective lives together—their strengths and weaknesses, desires, ambitions, goals, their attitudes about money, sex, children, family, their role in the church and society—in a face to face way. The next weekends are April 28-30 and May 19-21. To register contact our registration couple at: (503) 267-3605 or by e-mail at oregoncee@gmail.com.

Same-sex Attraction

Please join Catholics across the Archdiocese of Portland in Oregon on April 4, 2017 at St. Anthony's in Tigard, from 10:00 a.m.-12:00 p.m. for a powerful testimony and discussion led by Paul Darrow about same-sex attraction. Paul is one of many individuals who have been impacted by the Courage apostolate, which provides a much needed spiritual support system and assists men and women with same-sex attractions in living chaste lives in fellowship, truth and love. Paul has shared his story across the country, and he was recently featured in the film "Desire of the Everlasting Hills," which was distributed to the bishops of the USCCB. As we begin a Courage/Encourage chapter here in the Archdiocese of Portland, Paul's testimony is an opportunity to learn more about how this ministry can bear fruit in our local church. To that end, while the presentation is open to all, we do encourage clergy, pastoral staff and key volunteers to attend, so they may share the word about Courage in their parishes. With the endorsement of the Holy See, Courage now has more than 100 Chapters and contact people world-wide and hundreds of persons per week receiving assistance from the main office and website. It has become a mainstream Catholic Apostolate helping thousands of men and women find peace through fellowship, prayer, and the Sacraments. This event is free but registration is required at http://famlife.archdpdx.org/atestimony-of-truth-and-love

Instructions for Online Giving

Instructions for online giving are in the vestibule.

Pick up your copy today.

Resource, Videos & other Ideas for Lent

Le(n)t the Journey Begin! Did you prepare? **It's not too late to start.** Come learn: why we put dirt on our head, refrain from eating meat on Fridays, and other ancient spiritual practices.

There are many resources ideas and videos on Lent at https://famlife.archdpdx.org/lent

Make 2017 the best Lent ever!

Women's Society

The next **Women's Society** meeting will be Tuesday, April 4, 2017 at 11:00 a.m. at the Kozy Korner.

St Vincent de Paul

The next St Vincent de Paul's meeting will be Wednesday, April 12, 2017 at 2:30 p.m. in the Parish Center. New members are always welcome.

Happenings This Week

Divine Mercy

Monday night at 7:00 p.m. in Room 5 or

Wednesday morning at 9:30 a.m. in Room 5.

For more information call Randy Dixon at 503-830-3779

The New Fire Prayer Meeting meets every Wednesday in Room 5 at 7:00 p.m. For more information, contact Betty Foll at 503-397-5894.

Mom's Group

Mom's Group has been rescheduled for Thursday, March 30 in the Parish Center at 7:00 p.m. Moms of all ages are welcome.

Confident Catholics Workshop

At Our Lady of Peace Retreat House
Saturday, April 1, 2017 from 9:00 a.m.—5:00 p.m.
Come build the confidence to present yourself as
Catholic and stand for your faith in your everyday life.
Practical sessions and lunch provided. To register, search "Confident Catholics" at EventBrite.com